## Who Do You Need To Contact?

### Your GP may not be the First Point of contact!

<table>
<thead>
<tr>
<th>Role</th>
<th>Responsibilities</th>
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| **Reception Team**          | - Registration Paperwork  
- Change of address/ contact details  
- Repeat Prescriptions  
- Fit Note **REPEATS** (If no appointment needed)  
- Medical Reports & letter requests from GP  
- Urine Infection handling |
| **Health Care Assistant**   | - Blood Pressure Checks  
- Diabetic Interim reviews  
- Urine Testing & spirometry  
- Blood & INR tests  
- Cryotherapy & Weight Management Clinics |
| **Practice Nurse**          | - Long term condition reviews- Hypertension, Diabetes, Asthma, Heart Conditions, etc  
- Immunisations  
- Pill Checks, Contraceptive Injections  
- Cervical smears |
| **Optician**                | - Red / Pink Eye  
- Visual Loss / Change  
- Foreign Object |
| **Sexual Health**           | - Coil Fitting (Dr. Hill – Appointment with own GP first)  
- Implant insertion / removal (Dr. Henderson, Dr. Boggon, Gill Dennes – appointment to discuss first)  
- Sexually Transmitted Infection – **01592 647979**  
- Sexual Health Clinic (Contraception) - **01383 623623** |
| **Self help**               | - Addictions – ADAPT – Drug & Alcohol **01592 321321**  
- Depression & Anxiety- Mood cafe- [www.moodcafe.co.uk](http://www.moodcafe.co.uk) |
| **Podiatry**                | - Foot & Lower Limb problems  
- Self Referral – Forms from reception  
- **NO NAIL CUTTING SERVICE** - Foot Care Fife can provide this- **0800 389 6046** |